national coalition for sexual freedom

Negotiation Guide

Everyone involved should answer each of these questions, and then agree to what specifically you'll do:

Intentions

- Why are we doing this together?
- What would you like to feel during this interaction?
- Who will be involved in our interaction?

The Scene / Play

- What role would you like to take with me?
- What is your level of experience?
- What is your safeword to stop? What gestures can be used for safewords? What does the safeword mean to you (i.e., What does yellow mean, vs green, vs red)?
- Will our interaction be public, private, or observed by select individuals?

What type of play would you like to do with me?

- Power exchange _____
- Impact play _____
- Bondage _____
- Humiliation play _____
- Roleplay _____
- Sensory play _____
- Psychological play _____
- Sensual play _____
- Cathartic play _____
- Service _____
- Sexual contact (breasts, genitals) _____
- Sexual penetration (penis, fingers, toys) _____
    - If yes, what are our STI protections? _____
- Are any of the activities we have planned new for you? _____

What kind of toys or equipment would you like us to play with? _____

- What intensity level? _____
- Are any of these toys new to you? _____
- Do you have any questions about the toys or equipment? _____
- Are you okay with marks? If so, what kind and where? _____

Care Plans

- Triggers_____
- Aftercare_____
- Safety plan_____
- Health issues (allergies, injuries, medical devices) _____